



YOUTH SPORTS CLASSES

PLEASANT DALE PARK DISTRICT

FALL 2017 SESSION II • NOVEMBER 1 – DECEMBER 22



ADULT-TOT SPORTS

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. **No Class: 11/22.**

35405-1 Wednesday 9:00-9:45A 11/1-12/20 7 weeks R/NR: \$77/\$99

ADULT-TOT MOVEMENT & TUMBLING

Children are introduced to age-appropriate exercises specifically designed for balance and coordination of their large muscle groups. Through basic gymnastics and movement, participants experience their world in a whole new way and begin to understand how their bodies work. Wear loose fitting clothing, gym shoes and be prepared to have tons of fun! **No Class: 11/22.**

35405-2 Wednesday 10:00-10:45A 11/1-12/20 7 weeks R/NR: \$77/\$99

SPORTS AND MORE

Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. **No Class: 11/22, 23 & 11/24.**

35405-3 Wednesday 11:00-11:45A 11/1-12/20 7 weeks R/NR: \$77/\$99

35405-4 Thursday 3:45-4:30P 11/2-12/21 7 weeks R/NR: \$77/\$99

35405-5 Friday 1:00-1:45P 11/3-12/22 7 weeks R/NR: \$77/\$99

LIL' DRIBBLERS

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills and the ability to follow directions.

35405-6 Tuesday 2:00-2:45P 11/7-12/19 7 weeks R/NR: \$77/\$99

STRIKER TOTS SOCCER

Striker Tots Soccer is for young players who are looking for the perfect early soccer experience. Our specially designed curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, and make soccer fun. **No Class: 11/24.**

35405-7 Friday 1:45-2:30P 11/3-12/22 7 weeks R/NR: \$77/\$99

T-BALL SKILLS CLINIC

This introductory T-ball program is perfect for a child who wants to have fun, make new friends and be introduced to baseball. Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. The program stresses teamwork over competition. All you need to bring is a glove!

35405-8 Tuesday 3:45-4:30P 11/7-12/19 7 weeks R/NR: \$77/\$99

More on reverse side ➡



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BASKETBALL CLINIC 101

Boys & Girls Ages 6-9

Develop early basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun!! **No Class: 11/24.**

35405-9 Friday 4:00-5:00P 11/3-12/22 7 weeks R/NR: \$77/\$99

BASKETBALL CLINIC 201

Boys & Girls Ages 9-12

Players begin to develop more advanced skills such as various guard/post techniques, setting screens, moving without the ball, and offensive spacing. Defensive instruction includes man-to-man, denying the ball, help-line and boxing out. Players spend time developing their shot using proper mechanics to be effective further from the basket. Scrimmages are played every week. **No Class: 11/24.**

35407-1 Friday 5:00-6:00P 11/3-12/22 7 weeks R/NR: \$77/\$99

GAME TIME BASKETBALL

Boys & Girls Ages 9-12

One of the best ways to develop your basketball skills is through game play, and in Game Time you do just that. Each week, basketball players are challenged through various games including 1-on-1, 3-on-3, and 5-on-5. Coaches referee and guide the class to enhance the players understanding of the game. **No Class: 11/23.**

35407-2 Thursday 4:30-5:30P 11/2-12/21 7 weeks R/NR: \$77/\$99

DODGEBALL

Boys & Girls Ages 8-11

The youth dodgeball class gives participants an opportunity to play the popular game in a safe and supervised environment. The program uses super soft balls with the safety of game play being an important factor. Each week, different teams are formed and a different style of dodgeball are played.

35407-3 Tuesday 4:30-5:30P 11/7/12/19 7 weeks R/NR: \$77/\$99

HOLIDAY TOTAL SPORTS CAMP

Boys & Girls Ages 6-9

This camp focuses on a variety of sports including flag football, basketball, baseball, kickball, soccer, capture the flag, and other group games. Each day camper's focus on skill development and fundamentals for each respective sport, followed by game play. Coaches ensure a fun and energetic atmosphere while promoting teamwork and good sportsmanship. Bring a snack and water each day, and come ready to work hard while having fun!

35404-1	9:00A-12:00P	12/26-12/29	\$125
35404-2	12:30-3:30P	12/26-12/29	\$125
35404-3	9:00A-3:30P	12/26-12/29	\$210

***Supervision between camps at no additional fee. Please bring lunch and drink.**



PLEASANT DALE PARK DISTRICT
7425 S. Wolf Rd. Burr Ridge, IL 60527 | 630-662-6220

For more information visit
southchicago.hotshots4kids.com.

For questions contact Jessica Lynch @
jessica@hotshots4kids.com or 630-207-3292,
or Taylor Martin @
tmartin@pleasantdaleparks.org or 630-662-6220.



FAMILY BINGO NIGHT

**6:00pm-7:30pm
Friday, Nov. 3rd
Recreation Center
(536 East Ave., La Grange)**

Get out of the house and enjoy an affordable, fun, family night of Bingo! We have great prizes available.

**ONLY \$4 per participant*!
Program Code 344515-01**

You must pre-register by Oct. 27th, but hurry, as space is limited!

***Note: Participants must be at least 3 years old to attend, and all children must be accompanied by an adult.**



www.pdlg.org  **(708) 352-1762**

American Music Institute

**35% OFF TRIAL LESSON
ENDS - NOV 4th**

Featured Faculty



**Alessandra
Odazaki
Piano**



**Joey
Rosin
Sax / Clarinet**



**Molly
Hesse
Violin / Viola**



**Lauren
Hayes
Harp / Piano**

www.amimusic.org

630-850-8505



Bold Conversations: SEL and Parenting

Bold Conversations is a one-day social and emotional learning chat & chew style seminar; designed to bring parents together, in a relaxed atmosphere, to have a respectful and honest exchange of ideas on how we can help our children address the challenges they may face.

Participants will engage in conversations connected to recent national and local events, and cover topics related to:

- Self and Social Awareness
- Self-Management
- Relationship Skills
- Responsible Decision-Making

Snacks will be provided!

To register online, please click here:

<https://tinyurl.com/Fall-Bold-Conversations>

Date: Saturday, November 4, 2017

Time: 10:30 am-12:30 pm (Registration begins at 10:00 am)

Location: Westchester Public Library
Prairie Community Room
10700 Canterbury Street
Westchester, IL 60154

FOR MORE INFORMATION, PLEASE CONTACT:

Michael Neil at 708.449.4320 or mneil3@illinois.edu





OPERATION CARE PACKAGE



THIS VETERANS DAY, help those who are serving abroad!

WHAT: A drive to create care packages for those service men and women serving abroad this holiday season! We need the following items:

Wash Cloths
Individually packaged
toothbrushes
Card Games
Batteries (AA and AAA)

Shampoo
Conditioner
Foot Powder
Toothpaste

Soap
Deodorant
Body Wash
Lufas

WHEN: November Nov 6th -10th, bring items to advisory.

WHO: YOU!

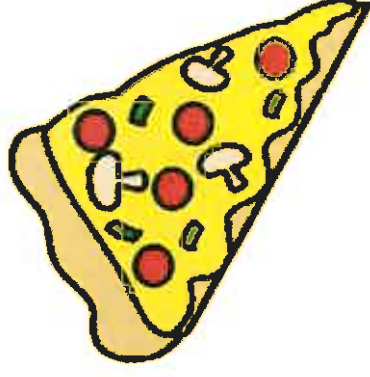
WHY: To help those who protect us.

Every Monday Matters will bring the donations to Operation Care Package in Manhattan, IL on November 20th, 2017!

Gurrie Restaurant Fundraiser Night

Thursday, November 9th 10:00 AM - 9:00 PM ALL DAY!!!

**EAT DINNER OUT -
SUPPORT OUR PTO
& GURRIE MIDDLE SCHOOL!**



5396 S. La Grange Rd in Countryside

TURN IN THIS FORM WITH YOUR PURCHASE ON 11/9/2017

A PORTION OF YOUR PURCHASE WILL BE DONATED TO THE GURRIE PTO

**If you forget the
form, just mention
Gurrie with your
order**

For Questions, Ideas, & Input: contact karrie.b.lange@gmail.com

JUNIOR HIGH LEADERSHIP CONFERENCE

***Moving Forward By
Giving Back***



Get motivated and inspired to become a leader in your community or school! Make a difference and move forward by giving back. Youth from 14 junior highs are invited to:

- Take on teambuilding challenges
- Participate in large group games
- Contribute to small group discussions
- Listen to motivational speakers

You will gain confidence in your ability to make a difference!



**SPOTS ARE LIMITED.
REGISTER AS SOON AS POSSIBLE.**

**La Grange Highlands
Middle School
1850 W. Plainfield Rd.
La Grange, IL 60525**

**Saturday
November 11, 2017
9am - 9pm**

The LeaderShop wants every student to have the chance to attend the Junior High Leadership Conference. Payment plans, discounts, and scholarships are available for those families who require financial assistance.

For more information regarding The LeaderShop, the conference, or payment options please call (708)579-5898 or contact Katie Wiseheart at KatieW@theleadershop.org.

**APPLY ONLINE AT
WWW.THELEADERSHOP.ORG**

**The
LeaderShop**
BUILDING LEADERS, CHANGING LIVES

LIONS AGE GROUP WRESTLING CLUB PROGRAM

- PROGRAM:** Lions Wrestling Club is a program for elementary and middle school students that stress the fun and fundamentals of wrestling. The program also introduces competition with other clubs and provides a training site and complete schedule for the more experienced wrestlers. The program will run from November 7, 2017 through March 1, 2018. Additional information is on our website: www.LTHS.net/LWC
- AGES:** Kids in 3rd through 8th grade living in the LYONS TOWNSHIP SCHOOL DISTRICT.
- REGISTRATION:** **6pm to 7pm on Wed. 11/1, Thurs. 11/2, and Mon., 11/6** in the Vaughan Gym lobby of North Campus.
- IMPORTANT NOTE:** **ALL first time REGISTRANTS MUST PROVIDE A PHOTOCOPY OF THEIR BIRTH CERTIFICATE AT THE TIME OF REGISTRATION.**
- PARENT MEETING:** We will have a parent meeting on **Tues. 11/7 at 6pm** before the first practice
- PRACTICES:** Beginning Wed., Nov, 9 at 6pm, practices will be in the Vaughan Gym of the North Campus of Lyons Township High School. The **Development** group will meet on Tues. and Thurs. nights from 6-7:30pm and the **Competition** group will meet Tues., Wed., and Thurs. from 6-7:30pm. A practice schedule and competition calendar will be passed out the first night and available on our website.
- UNIFORM:** Socks, tee shirt, elastic waist shorts, and wrestling shoes or gym shoes.
- COST:** **Development Group** is \$175, \$150 for each additional family member. This fee includes a tee shirt and IKWF, USA wrestling membership (\$45).
Competition Group is \$225, \$200 for each additional family member. This fee includes tee shirt and USA membership (\$45). Please make checks payable to LTHS.
- COACHES:** Mark King, LT coaching staff and LT wrestlers.
- QUESTIONS:** Call Mark King at 708-935-5382

LIONS AGE GROUP WRESTLING REGISTRATION (Please Print)

Name _____ Age _____ Date of Birth _____ Grade _____

ADDRESS: _____

CITY: _____ ZIPCODE: _____ PHONE: _____

Email _____ Birth C. _____

TEE SHIRT SIZE:

YOUTH				ADULT				
S	M	L	XL	S	M	L	XL	XXL

PAYMENT:

CASH: _____ CHECK# _____ AMOUNT: _____

The above child named has my permission to participate in the Lions Age Group Wrestling Program. I certify that the participant has had a current physical and has no physical limitations that would prevent him from participating in wrestling and associated activities.

DATE _____ PARENT/GUARDIAN: _____

Girls Basketball League

REGISTRATION DEADLINE: Wednesday, November 22nd

Dates: 1/16-3/10

Days: Monday - Saturday

**Location: Pleasant Dale
Rec Center**

**Time: Practices 4pm-6pm
Games 8am-6pm**

Fee: \$89/\$109



**LTHS
Booster
Wear
Sale**

GRAB 1 FOR THE GRAD @ FUTURE FRESHMAN NIGHT

Get your Jr. HS Grad their LTHS
spirit wear.

Tuesday, Nov 28
7:00pm - 9:00pm
LT SOUTH CAMPUS
(Fieldhouse)

The latest LTHS clothing and accessories will
be available for purchase. Cash, checks, and
credit cards accepted.



www.LTBoosters.com





Lyons Township High School presents
Holiday Write Night
A "Beary" Merry Christmas!



We cordially invite you and your children
(Kindergarten through third-grade *ONLY* please)
to attend our annual Holiday Write-Night.
To help us celebrate a "Beary" Merry Christmas,
children are encouraged to dress in their favorite holiday,
Chicago Cubs, or Chicago Bears finery!

Your children will:

Write to Santa at the North Pole using the DC computers—Santa will write back! Santa's helpers will be here to show them how.

Enjoy more holiday fun with face painting, coloring and cupcake decorating with a Bear flair, stories about Christmas around the world, and even a *Go Cubs Go* sing-along. Entertainment and refreshments by LT students.

Date: Tuesday, December 5th

Time: Anytime between 4:00 and 7:00 p.m.

Cost: In the spirit of the season, please bring one can of food per participant. These will be donated to a local food pantry.

Where: Lyons Township High School
South Campus Discovery Center
4900 S. Willow Springs Road
Western Springs

RSVP by Friday, December 1st

Call: 708-579-7433 or 708-579-7436 or
e-mail: bsalutric@lths.net

Or register on-line at <http://www.lths.net/HolidayWriteNight>

Please include last name, how many children and how many adults
will be attending





Park District of La Grange

Holiday Tree Lighting

Tuesday, December 5th

6:00-7:00PM

Waiola Park (47th St. & Waiola Ave.)

Enjoy holiday entertainment, cookies, hot cocoa, a special visitor from the North Pole and live reindeer! We will also be collecting new and gently used winter clothes and accessories that will be donated to local charities.

Get your family, friends, or a group together and purchase a holiday tree to decorate. Stop by the Recreation Center, 536 East Avenue La Grange to register and pick up the tree decorating guidelines. The tree cost is \$65 and the deadline to purchase a tree is Monday, November 20th. Each tree includes lights and you can decorate your tree any time after Thursday, November 30th.



MAKE IT A NIGHT SHE WON'T FORGET...



presents

THE 2017

Daddy Daughter Dance

6:00PM-8:00PM
FRIDAY, DEC. 1
4 YEARS & OLDER
THE DESITTER ROOM
536 EAST AVE, LA GRANGE

**Registration Deadline
is November 24th!**

Put on your best evening wear to "wine and dine" your little darling(s) on this sugar-plum dream date. You will enjoy your special evening with dinner, snacks and dancing. Each couple will also have their photo taken. This will be a night you both will remember.

708.352.1762
www.pdlg.org

\$45/R, \$59/NR, \$50/NN*

*EACH ADDITIONAL CHILD IS \$20

PROGRAM CODE #341005-01



Breakfast With Santa

Saturday, December 2
8:30 -10 AM

Have a pancake & sausage breakfast with Santa & make some crafts. Sit on Santa's lap & give him your letter. Don't forget to bring a camera to capture the moment.

Pre-registration is required.
Registration deadline is Nov. 27th

Rec Center, 536 East La Grange

Age: Believers of all ages!

Fee: \$16/R, \$21/NR, \$18/NN

(Adults are free)

708-352-1762

Sponsored by:

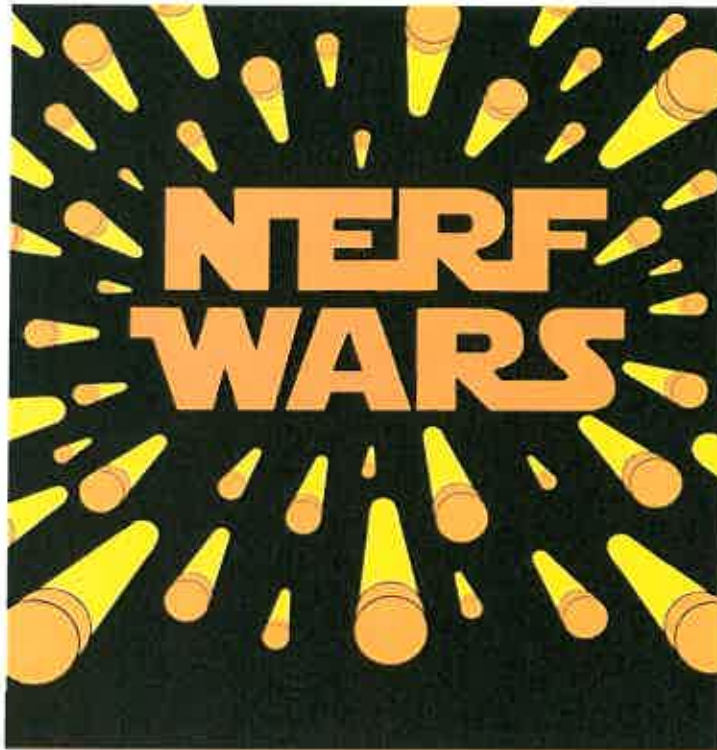


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PLEASANT DALE PARK DISTRICT NERF WARS TOURNAMENT



Teams will need to combine the right mix of speed, agility, strategy, and teamwork to defeat their opponents in the Nerf Tournament Arena. Matches are played by teams of 4 players in Capture the Flag format, with referees. You may register as a single or as a team, but each player must register separately: be sure to indicate your teammates on your registration form.

Ages: 6-9 (10-12:00pm)

Ages: 10-13 (12-2:00pm)

SATURDAY, MARCH 24

